

ENGLISH



LOWER INTERMEDIATE LEVEL

ANGOLNYELV-OKTATÓ PROGRAM







A fordítás az alábbi kiadás alapján készült:

11. Lower intermediate level book three

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LOWER INTERMEDIATE Level **COURSEBOOK THREE**



Tartalom

7. lecke

That's life! Respect the house rules

- 7 1. jelenet: What are we going to do?
- 9 Megértési gyakorlat
- 10 Tegyen próbát!
- 14 2. jelenet: Rules are important, but it's also important to laugh a little!
- 16 Megértési gyakorlat
- 17 Tegyen próbát!
- 21 Szószedet

8. lecke

That's life! Artistic licence

- 23 1. jelenet: Don't play "mom", Anne!
- 25 Megértési gyakorlat
- 26 Tegyen próbát!
- 30 2. jelenet: Never tell an artist what you really think!
- 32 Megértési gyakorlat
- 33 Tegyen próbát!
- 37 Szószedet

Television Programmes

Weather

- 39 Climate change
- 42 Megértési gyakorlat
- 43 Tegyen próbát!

Kitchen

- 46 Planning meals
- 49 Megértési gyakorlat
- 50 Tegyen próbát!
- 57 A feladatok megoldása

7. lecke

That's life! Respect the house rules

What are we going to do?

1. JELENET

Alice a konyhában van. Belép Peter egy csomaggal a kezében.

Peter: Good morning. Alice, is Anne at home? I've just met the postman and this package is for her.

Alice: No, she's not in now. My! What a large package!

Peter: Please, be careful! I think it contains fragile objects. **Alice**: Hey Peter... Do you know if it contains a set of porcelain plates that she won with the "Sweet" biscuits bonus points?

Peter: Well, I think so... At least, that's where the package comes from. Alright Alice, I have to go now. See you later. **Alice**: Anne will be so happy! She's been waiting for it for a long time. Bye!

(Alice, egyedül maradva, nem bír ellenállni a kísértésnek és kinyitja a csomagot. Kivesz egy tálat a dobozból és Anne-t hívja.)

Alice: Hello Anne, this is Alice. I've got great news for you: your set of Chinese porcelain has arrived! They're beautiful. No, I opened it. I'm sorry Anne, I just couldn't resist... (a tányér hirtelen kicsúszik a kezéből és összetörik) Oh no! Anne... I'm so sorry... It broke! Okay, okay. I'm not allowed to touch any more plates. You're absolutely right, I'm so sorry! Bye.

(Leteszi a telefont. Ekkor megérkezik Jack, aki egy újságot olvas és szórakozottan nekimegy a csomagnak.)

Alice: Jack be careful, don't touch anything! This packet contains Anne's set of Chinese porcelain. I hope you didn't break anything! I already broke a plate, and guess who heard me breaking it? Anne!

Jack: Oh my... I didn't notice anything!

Alice: You should look where you are going... Jack: I'm... I'm sorry. What are we going to do?

Alice: Well, let's get ready for Anne to lose her temper... Who knows, maybe she'll forgive us. She can't get that angry! They're just plates...

Jack: Remember, we can't cook... If Anne gets angry, we'll have to learn to cook!

Alice: That's true... I've got an idea: let's go get something from the local take-out place. Then we can pretend that we cooked dinner. She might be happy and forget about those plates...

Jack: That's a great idea! Let's get going!

Megértési gyakorlat

(Megoldások az 53. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

- What did the postman bring for Anne?
- □ a) A letter
- □ b) A telegram
- □ c) A package
- 2 What is in the package?
- □ a) A computer
- □ b) A set of Chinese porcelain plates
- □ c) Some proofs to correct
- What does Jack think will happen if Anne gets angry?
- □ a) Jack and Alice will have to learn to cook
- □ b) She won't speak to them for a month
- □ c) They'll have to look for another flat
- 4 What is Alice's idea to stop Anne getting angry?
- □ a) Buy some new plates
- □ b) Organise a surprise party
- □ c) Buy some take-out food and pretend that they cooked it

Tegyen próbát!

(Megoldások az 53. oldalon)

1. GYAKORLAT

Gyakorolja a "can", "could" és a "to be able" formákatl

- Jack ... sing.
- □ a) can't to
- □ b) is able
- □ c) can't
- 2 Alice ... paint very well when she was young.
- □ a) weren't able to
- □ b) couldn't
- □ c) can't
- 3 Anne ... to cook tonight because she is working.
- □ a) won't be able
- □ b) couldn't
- □ c) can't
- 4 Sharon and Peter are in Japan. They ... book their flight at the last minute.
- □ a) could
- □ b) were able to
- □ c) was able to

2. GYAKORLAT

Jelölje be, hogy helyesek (Right) vagy tévesek (Wrong) az alábbi mondatok, és írja le helyesen, ha szükséges:

	R	W	
■ That's impossible. We			
can't have the meeting			
tomorrow.			***************************************
2 I'm sorry. I couldn't to			
contact everyone in time.			
3 At least she was able			
to get in touch with most			
people.			
So we'll able to meet			***************************************
next week.			

Válassza ki a megfelelő igealakot az alábbi feladatban.

- He ... be friendly, but usually he's very unfriendly.
- □ a) can
- □ b) can't
- □ c) cannot
- 2 I'm sorry I lift that heavy box now. I'm too tired.
- □ a) could
- □ b) could not
- □ c) can't
- Tom ... swim until he was twenty.
- □ a) couldn't
- □ b) can
- □ c) cannot
- Excuse me, ... I smoke here?
- □ a) can
- □ b) could
- □ c) cannot

4. GYAKORLAT

Válassza ki a megfelelő igealakot az alábbi feladatban.

- III ... marry him if I wanted.
- □ a) can't
- □ b) could
- □ c) can have
- 2 Don't worry, you ... speak good English after a few months.
- a) could
- □ b) 'll be able to
- □ c) can't
- 3 One day people ... to go to the moon for a holiday.
- □ a) can
- □ b) will be able
- □ c) could
- I borrow your phrase-book, please?
- □ a) can't
- □ b) can
- c) could not

Rules are important, but it's also important to laugh a little!

2. JELENET

Sharon: Hi, Anne! What's that you're holding?

Anne: Hello everyone! Listen... We need some rules in this house! Living together means obeying some rules! I've written this list of house rules that every person who spends time in this house must follow! No one is allowed to leave this living room until they read and memorise these rules!

Jack: Bad day, huh?

Alice: She's right, Jack! Anyway, Anne dear, what about

these... house rules?

Anne: First of all, don't call me "Anne dear"... And now listen: Rule No. 1: you must never, and I stress "never", open my post. Rule No. 2: from now on, clean the house at least once a week. Rule No. 3: we have to take turns washing up. Rule No. 4 ...

Jack: Okay, okay Anne... We understand! You must be angry.

Anne: Yes, Jack! I am very, very angry! I was really looking forward to getting the set of Chinese plates... I saved bonus points for a year... Eating the same, stupid biscuits... which, for your information, I can't stand anymore! I kept eating and buying them in order to get the set of Chinese porcelain... All for nothing!

Alice: Oh, please forgive us, Anne. Just tell us where to go, and we'll buy you a new set!

Anne: That's not possibile! They were handcrafted in Shanahai! And they cost a fortune!

Alice: Okay, we'll do our best to make it up... Somehow... Now, sit down Anne. You must be exhausted. Jack and I made dinner for you! You don't have to do anything... We thought of everything!

Anne: Really, you made dinner for me?

Jack: Yes, Anne... It was the least we could do...

Anne: Okay, I'll forgive you this time... But, I warn both of you that I want more discipline in this house. You can't do what you want all the time... We need some rules!

(Jack az égre emeli a szemét, miközben unott arcot vág.)

Anne (Jack-nek): And don't roll your eyes when I'm speaking to you!

Jack: Okay, Anne! You're right... Rules are important, but it's also important to laugh a little!

Anne (szarkasztikusan): Oh, ha ha ha.

Megértési gyakorlat

(Megoldások az 54. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

1 W	nat die	Anne	write?
-----	---------	------	--------

- □ a) A love letter to Jack
- □ b) A list of rules
- □ c) A story
- 2 Why is Anne so angry?
- □ a) Because she has discovered that Jack is in love with Sharon
- □ b) Because her boss has given her so much work to do
- □ c) Because one plate is broken
- The porcelain plates were made in London and are very cheap.
- ☐ True
- □ False
- Mhat does Anne want in the house?
- □ a) More discipline
- □ b) More fun
- □ c) Less noise

Tegyen próbát!

(Megoldások az 54. oldalon)

5. GYAKORLAT

Jelölje be, hogy helyesek (Right) vagy tévesek (Wrong) az alábbi mondatok, és írja le helyesen, ha szükséges:

	R	W	
They might not to arrive in time for the show.			
2 The show ought not start without Peter.			
It mustn't have started without Peter.			
4 It should be a great show.			

Egészítse ki a mondatokat a megfelelő módbeli segédigével.

- That's terribile. You ... told me.
- □ a) may have
- □ b) might
- □ c) might have
- 2 We ... to have been more careful.
- □ a) ought
- □ b) should
- □ c) could
- It ... be that serious.
- □ a) must to
- □ b) can't have
- □ c) can't
- 4 She ... very ill.
- a) couldn't to be
- □ b) must be
- □ c) ought to

7. GYAKORLAT

Az alábbi feladatban válassza ki a helyesnek vélt módbeli segédigét.

- ... I have another cup of tea, please?
- □ a) May
- □ b) Should
- □ c) Ought to
- 2 He gave up his old job so he ... work for us.
- a) can
- □ b) could
- □ c) can't
- 3 She ... be here tomorrow, I'm not sure.
- □ a) can
- □ b) may
- □ c) can't
- ... you say it more slowly?
- □ a) Might
- □ b) Could
- □ c) May

Az alábbi feladatban válassza ki a helyesnek vélt módbeli segédigét.

- Today you ... leave class before two o'clock.
- □ a) mustn't
- □ b) could'nt
- □ c) might not
- 2 You ... eat so much.
- □ a) shouldn't
- □ b) may
- □ c) should
- 3 You look tired. You ... get some sleep.
- □ a) mustn't
- □ b) shouldn't
- □ c) ought to
- 4 You ... take an umbrella with you, in case it starts raining.
- □ a) ought to
- □ b) may
- □ c) can't

Szószedet

be allowed to (to) engedéllyel rendelkezik, felhatalmazott valamire biscuit keksz break (to) tör Chinese kínai contain (to) tartalmaz; magába foglal cost (to) kerül valamibe dear drága discipline fegyelem eve szem follow (to) követ forgive (to) megbocsát from now on mostantól kezdve hand kéz handcraft (to) kézzel készült, kézműves hope (to) remé in order to abból a célból, hogy large nagy, kövér, széles laugh (to) nevet learn (to) tanul list lista look forward to (to) türelemmel vár. örömmel vár, alia várja make up (to) pótol; kiegyenlít; kiegészít memorize (to) memorizál

news hírek; tévéhíradó; rádiós hírek no one senki obey (to) engedelmeskedik object tárgy once valamikor; régen (once upon a time: egyszer volt, hol nem volt) package csomag, csomagolás packet csomaa, aönavölea: kiszerelés plate tányér point pont porcelain porcelán post posta postman postás resist (to) ellenáll, tartózkodik, kibír roll (to) forgat. (to roll one's eyes: forgatia a szemét, égre emeli a szemét) rule szabály save (to) megőriz, félretesz; megment somehow valamely módon. egy vagy más módon temper karakter, temperamentum (to lose one's temper: elveszíti a nyugalmát, mérges lesz

touch (to) érint turn turnus warn (to) értesít, figyelmeztet washing-up mosogatás (to do the washing-up: elmosogat) win (to) győz; elér

8. lecke

That's life! Artistic licence

Don't play "mom", Anne!

1. JELENET

Este van. Anne és Sharon televíziót néznek. Belép Jack.

Jack: Hi everybody, what's on TV?

Sharon: Shh... Jack! Just a minute... It's almost finished.

Jack (Anne kikapcsolja a TV-t): So what were you watching that was so engrossing?

Sharon: It was an extremely interesting documentary about Picasso's life. There were lots of details about some of his stranger habits. Did you know that Picasso preferred painting women with four eyes?

Jack: No, I had no idea...

Anne: And that he had lots of different types of dogs? He used to give only dogs to his friends, strange, no?

Sharon: And that he liked eating Italian cake at Christmas? **Jack**: Well, I also go crazy for Italian cake at Christmas, and my name isn't Picasso! By the way, where is our resident artist, Alice?

Anne: She left early this morning. She said that she had something important to do, but she wouldn't tell me what... But she did say it was none of my business. You know how she is...

Sharon: That's strange... She usually leaves late...

Anne: As a matter of fact, she was very serious this morning. She told me she had a headache, but I didn't believe her. Oh look, it's getting late, I'm starting to get worried.

Jack: Don't play "mom", Anne! Alice is a big girl now...

Anne: I know... I know... It's just that she didn't tell me she would be late... In fact she asked me if I would be late today...

Sharon: Just a moment... A few days ago Alice told me that she wanted to enter a painting contest. She said she thought it was her big chance... Maybe that's where she is today.

Anne: Well, you're probably right... But it's almost midnight. I don't think contests last that long.

Jack: Why not? We all know that artists are a little crazy! Picasso was a perfect example!

Sharon: That's true! And you know something about being crazy, Jack, don't you?

Megértési gyakorlat

(Megoldások az 55. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

- What were Anne and Sharon watching on TV?
- □ a) A western
- □ b) The news
- □ c) A documentary on Picasso
- 2 What did Picasso usually give to his friends?
- □ a) An Italian cake
- □ b) A dog
- □ c) One of his pictures
- Where is Alice?
- \square a) She left home early this morning for an important meeting
- □ b) She went to the pub with a friend
- □ c) She is in her room studying
- A few days ago Alice told Sharon that she wanted:
- □ a) To go on a trip
- □ b) To take part in a painting competition
- □ c) To go to visit her father in Australia

Tegyen próbát!

(Megoldások az 55. oldalon)

1. GYAKORLAT

Egészítse ki a mondatokat a "used to" és a "to be used to" megfelelő alakjaival.

- Jack live with his parents in Bologna.
- 2 In Bologna he living an Italian life-style.
- 3 speak Italian in Bologna?
- Now he speaking Italian because he lives in London.

2. GYAKORLAT

Jelölje be, hogy helyesek (Right) vagy tévesek (Wrong) az alábbi mondatok, és írja le helyesen, ha szükséges:

	R	W	
Alice would keep worrying about her father.			
2 She never use to worry.			
3 She isn't used to her parents to be divorced.			
When she was a child she would painting all day.			

Válassza ki a megfelelő igealakot az alábbi feladatban.

- II ... smoke, but I've stopped now.
- □ a) must
- □ b) used to
- 21 ... to like ballet, but I do now.
- □ a) ought
- □ b) didn't used
- 3 When I was young I ... play with my dolls every afternoon.
- □ a) can
- □ b) used to
- When I was a child we ... go to Spain every year for our holidays.
- a) would
- □ b) ought to

4. GYAKORLAT

Válassza ki a megfelelő igealakot az alábbi feladatban.

- I ... live in that house over there.
- □ a) used to
- □ b) would
- 2 I'll never get ... getting up at six o'clock in the morning.
- □ a) used to
- □ b) would
- My grandfather ... always give us chocolate on Sundays.
- □ a) used
- □ b) would
- 4 He ... be really handsome when he was younger.
- □ a) used to
- □ b) would

Never tell an artist what you really think!

2. JELENET

Reggel van. Anne és Jack a konyhában vannak. Belép Alice. Nagyon rosszkedvű.

Anne: Good morning, Alice. Where were you last night? We were getting worried...

Alice: Good morning. I'd prefer not to talk about it...

Jack: Why, what happened?

Alice: I took part in a young artists competition... I thought it would be the perfect occasion for me to show my talent!

Anne: So, how did it go? You made a great impression, didn't you?

Alice: Well, no! It went badly. They said that I wasn't cut out to be an artist. But the jury was made up of incompetents... Maybe no one appreciates my talent!

Jack: Come on Alice, don't take it so badly. You know you're a genius, right? And that's all that matters!

Alice: Yes, just like Van Gogh... who, by the way, only became famous after he had died. Maybe that's my destiny...

Anne: Maybe, you're exaggerating just a little bit... I mean, Van Gogh?! You don't really think you're in the same league, do you?

Alice: And why not?! No one appreciates my talent either! Anyway, I want your opinions! Wait just a moment while I get something...

(Kimegy a konyhából. Jack és Anne nevetésben törnek ki. Alice nem sokkal később a kezében egy képpel tér vissza.) Alice: Here you go! This is the painting I took along yesterday. What do you think? Isn't it beautiful? (A kép érthetetlen, Anne és Jack egy kicsit megdöbbenve nézik.)

Anne: It's... It's interesting! It's a very... a very unique painting, yes... Unique is the right word.

Jack: Alice... You know I don't really understand art, don't you? What does it represent?

Alice: That's the same question they asked me yesterday. I can't believe that! It's so clear! It's a painting of a man and a woman walking hand in hand!

Anne: Oh... I see...

Jack: Well, the truth is, it's a bit difficult to see... I mean, at first glance it looks like a whole lot of mixed-up colours...

Alice: Come on Jack, you just don't understand abstract art, do you? Well, now I understand that neither of you has any appreciation of fine art! (Haragosan kimegy a konyhából.)

Anne: Oh, artists! Never tell an artist what you really think!

Megértési gyakorlat

(Megoldások az 56. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

Where was Alice yesterday evening?□ a) At the disco□ b) At the cinema
□ c) At a competition for young artists
2 What did the jury say to Alice?
 □ a) That she was not cut out to be an artist □ b) That her picture was beautiful
□ c) That she had talent but needed more practice
3 What does Alice's painting represent?
□ a) A man and a woman walking hand in hand □ b) A scene of country life
□ c) A self portrait
■ Why does Alice get angry with Anne and Jack?
□ a) Because they said that her picture was awful
 □ b) Because they don't appreciate art □ c) Because they have broken her camera

Tegyen próbát!

(Megoldások az 56. oldalon)

5. GYAKORLAT

Egészítse ki a mondatokat a zárójelben levő határozószók angol megfelelőjével.

1	Alice entered her name for the competition.
(mielőtt)	
2 (miután)	she worked hard painting a wonderful picture.
3 (azután)	she showed it to the judges.

she came home very angry and showed it to her friends. (végül)

Egészítse ki a mondatokat a megfelelő határozószóval.

- let's look together at some possible solutions.
- 4 And we can decide together if any of the solutions are suitable.

7. GYAKORLAT

Egészítse ki a mondatokat a megfelelő időhatározóval.

- There are some practical steps you need to take to speak English well. ..., study grammar. ..., practise writing a lot. ..., speak a lot with English or American friends, because writing by itself is not enough, you need to speak English too.
- 2 To make a chocolate cake, ..., stir together the sugar, flour and cocoa. ..., mix in the eggs and vanilla. ..., bake the mixture for 30-35 minutes in a warm oven.
- 3 ... Tom went to primary school in Scotland ... he studied at a private secondary school in London and ... he went to university in Durham.
- 1 ... I go to a travel agency to buy my air ticket. ... I book the hotel and ... I pack my suitcase.

Egészítse ki a mondatokat a megfelelő határozóval.

- ... , Lucy saw the light at the end of the tunnel.
- □ a) Finally
- □ b) First of all
- What are you going to do? Well, ... I'm going to have breakfast.
- □ a) first of all
- □ b) then
- 3 ... , I did find a ticket for the Mozart concert.
- a) At the end
- □ b) In the end
- 4 Well, I packed my bags, and ... I left, it was as simple as that.
- □ a) first of all
- □ b) then

Szószedet

almost majdnem along vele, együtt; előre appreciate (to) értékel art művészet artist művész as a matter of fact valójában, tényleg be cut out (to) alkalmas arra, hogy become (to) válik vmivé believe (to) hisz bit egy kicsit chance alkalom. lehetőség; eset, sors, szerencse Christmas Karácsony clear tiszta competition verseny; vetélkedés contest verseny; vetélkedés destiny végzet, sors detail részlet, elem die (to) meghal documentary dokumentumfilm dog kutya either egyik vagy másik; (tagadó mondatokban: either... or...: sem... sem...) engrossing vonzó, győztes enter (to) beiratkozik

exaggerate (to) túloz extremely rendkívüli módon eye szem genius zseni get worried (to) aggódik glance nézés, pillantás (at first glance: első látásra) habit szokás happen (to) bekövetkezik. előfordul, megtörténik headache feifájás, migrén impression benyomás incompetent alkalmatlan jury zsűri league szövetség: fajta, kategória (átvitt értelemben) make up (to) alkot, létrehoz midnight éjfél mixed-up kevert, vegyített mom (bensőséges) anyu, anyuka none senki occasion alkalom opinion vélemény painting kép, festmény prefer (to) előnyben részesít recognise (to) felismer, elismer represent (to) képvisel

resident lakó (mn. és hat. szó), lakos; helybeli serious komoly show (to) mutat, látni enged take part in (to) részt vesz vmiben, részét képezi vminek talent tehetséges truth igazság type típus, faj, fajta unique egyetlen, egyedül whole egész, teljes young fiatal

Television Programmes

Weather: Climate change

Eric: Good morning, welcome to this week's edition of "Climate Change". In the studio with me is our weather expert Susan Ferley.

Susan: Good morning Eric.

Eric: Well Susan, there's a lot of talk these days about climate change. Could you explain exactly what is happening?

Susan: Of course. You know the first thing to stress is that the earth's climate is always changing. In the past this happened due to natural causes. I mean, the atmosphere and the earth's climate changed naturally. Now things are different. Scientists believe that climate change today is a result of man's activities, our activities.

Eric: And why are scientists so worried about this climate change?

Susan: Well, before I answer that question I'd like to talk a little about what we call the "Greenhouse effect".

Eric: Certainly, scientists often talk about the "Greenhouse effect". What is this exactly?

Susan: The "Greenhouse effect" is very important for the world's weather. Greenhouse gases help to capture the energy we receive from the sun. They keep the earth warm. Without these gases the world would be a colder place and our lives would be very different.

Eric: Well, if the "Greenhouse effect" is so useful for the earth, why do scientists talk about it nowadays as if it's something dangerous?

Susan: It's the extra greenhouse gases that are dangerous! Our way of life, cars, factories, central heating, is producing too much of these greenhouse gases. These gases are trapping more and more of the sun's energy and the world's becoming warmer.

Eric: Is carbon dioxide one of these gases?

Susan: Yes, carbon dioxide, CO2, is one of the main greenhouse gases. Carbon dioxide is produced when we burn coal and natural gas. The problem is that over the years the concentration of carbon dioxide in the atmosphere has increased enormously.

Eric: So to stop global warming we need to use less coal and natural gases?

Susan: Exactly! But not only that! We also need to plant more trees and we must stop destroying our forests because they take carbon dioxide out of the air.

Eric: Is there anything else we can do?

Susan: Well, governments around the world need to encourage the use of renewable energy sources. Solar panels can use the sun's energy, wind turbines can generate electricity from the wind and hydroelectric power plants can use water to generate electricity.

Eric: Renewable energy is becoming popular today, isn't it? **Susan**: Yes, it is, but there's still a long way to go.

Eric: Ok, Susan one last question, what are the consequences of climate change?

Susan: Well, higher average temperatures around the world. You know even a small change in temperature, even a one degree increase, can cause the sea level to rise as the polar ice caps melt, in fact this is already happening. Other consequences? More rainfall in some parts of the world and less in others, more extreme weather conditions, stronger hurricanes and typhoons.

Eric: So this is definitely a serious issue! We mustn't underestimate the importance of climate change and we need to use more renewable energy. Well, thanks to Susan for your clear explanation of the problems.

Susan: Thank you. Goodbye.

Eric: And goodbye and see you again next week for another edition of "Climate Change".

Megértési gyakorlat

(Megoldások az 57. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

1	Today	climate	change	is c	result	of	man's	activities.
	True							

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2 The "	Greenhouse	effect"	is	useful	for	the	world	15
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4	The	world	is	becoming	col	der
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5	Trees	take	carbon	dioxide	out	of	the	air
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True
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Tegyen próbát! (Megoldások az 57. oldalon)

1. GYAKORLAT

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There's still a way to go!		5.4.3

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[□] False

 7 The climate is changing man's activities. □ a) due to □ b) due at 	
B The sun, the wind and water are among the most famous □ a) renewable energies □ b) new energies	
 Her baby girl is on April.□ a) due□ b) due to	
trap the sun's energy and cause an increase in the temperature of the world. a) "Greenhouse effect" b) Greenhouse gases	Э

Egészítse ki a mondatokat a megfelelő igealakkal.

- This is a no smoking area. You ... smoke here.
- a) can't
- □ b) shouldn't
- The sign says "SILENCE PLEASE". You ... talk.
- □ a) mustn't
- □ b) don't have to
- Last week I ... work every day.
- □ a) must
 □ b) had to
- ... you come to the party on Saturday?
- □ a) Are
 □ b) Can

Kitchen: Planning meals

Nancy: Welcome to "Cooking Today"! All homemakers will be thrilled to know that we are back with Lisa French! Thank you for inviting us into your lovely home once again, Lisa. Lisa: I'm glad to have you.

Nancy: Now, Lisa, Leslie Forbes, from New Castle on Tyne, is desperate. Her family's always complaining about her cooking. They say it's really... yucky! And they sneak out to get junk food! How can she make her meals more appetizing?

Lisa: Well, actually, it's just a matter of good meal planning.

Nancy: That sounds rather serious!

Lisa: Yes, it is, but it can also be a fun challenge! This means preparing food that's healthy as well as appealing and involves the senses, such as smell, taste, and sight.

Nancy: Is that why they say: "Your eyes are bigger than your stomach"?

Lisa: Not exactly.

Nancy: Now, getting serious, when you say "healthy", you're referring to nutrition, aren't you?

Lisa: Yes, of course. Nutrition is the key to good health! As a matter of fact, nutritionists agree that a varied diet is fundamental for physical and mental well-being.

Nancy: What are the correct guidelines to good nutrition?

Lisa: As you can see, I have an example of a Food Pyramid here. These six main food groups contain the nutrients essential to a well-balanced diet.

Nancy: Why a pyramid?

Lisa: Because it enables us to understand the correct number of servings per day.

Nancy: Can you give an example?

Lisa: Certainly. You see, the largest group includes bread. cereals, rice and pasta. Then, going up the pyramid, you find fruits and vegetables, then meats and dairy products.

Nancy: What's at the top?

Lisa: You mean here? These are fats, oils and sweets which, although essential to the diet, must be eaten in moderate quantities.

Nancy: Now, going back to Leslie's request, how can she make tasty meals for her family?

Lisa: If she hasn't much time for shopping, she can make a weekly plan. Besides a correct diet, she must consider the likes and dislikes of her family.

Nancy: You're telling me! In my family my son hated beans, and my daughter was allergic to milk!

Lisa: That's a common problem. The thing is to compensate with food belonging to the same group or supplements.

Nancy: Really? That's good to know.

Lisa: A little secret, if you truly enjoy preparing meals, then your family will probably enjoy eating them.

Nancy: How can I get my family to enjoy my cooking? Lisa: Just be creative! Think like an artist, play with the colours, shapes and textures of food.

ENGLISH TODAY TV PROGRAMMES: KITCHEN

Nancy: Oh my gosh! How time flies! We've got to wind this up! Lisa, thank you for inviting us into your home again, it's been a pleasure being here.

Lisa: Thank you for coming.

Megértési gyakorlat

(Megoldások az 57. oldalon)

A jelenet megértésének ellenőrzésére válaszoljon az alábbi kérdésekre:

- Leslie Forbes's family doesn't like the food she cooks.□ True□ False
- 2 Nutritionists say a varied diet is important.
- ☐ True☐ False
- There are six main food groups in a food pyramid.
- ☐ True
- □ False
- 4 Fats and sweets are at the bottom of the pyramid.
- ☐ True
- □ False
- Nancy's son loved beans.
- ☐ True
- ☐ False

Tegyen próbát!

(Megoldások az 57. oldalon)

1. GYAKORLAT

Válassza ki a megfelelő kifejezést ebben a feladatban.

- When a type of food is good for you we say it's...
- □ a) healthy
- □ b) unhealthy
- 2 Food that is considered bad for your health is called...
- □ a) yucky food
- □ b) junk food
- 3 I'm trying to lose weight. I'm ... a diet.
- □ a) at
- □ b) in
- □ c) on
- Cheese and milk are ...
- □ a) carbohydrates
- □ b) dairy products
- My son is allergic ... strawberries.
- □ a) at
- □ b) to
- I always serve myself more that I can eat.

My eyes are bigger ... my stomach!

- □ a) to
- □ b) than

- 7 He should lose some ...
 □ a) weight
 □ b) wait
 8 A ... diet is very important for physical but also for mental health.
 □ a) limited
 □ b) varied
 9 ... are dairy products.
 □ a) Vegetables
 □ b) Milk and yogurt
 - □ I only had one ... of bread yesterday.
 □ a) slice
 - □ b) piece

Egészítse ki a mondatokat a megfelelő igealakkal.

- ... you on a diet?
- □ a) Åre
- □ b) Do
- 2 I think ... something light this evening.
- □ a) I'll cook
- □ b) I'm cooking
- What ... going to prepare?
- a) do you
- □ b) are you
- I ... any bread yesterday.
- □ a) didn't eat
- □ b) didn't ate

A feladatok megoldása

7. lecke THAT'S LIFE! RESPECT THE HOUSE RULES

1. jelenet: What are we going to do?

Megértési gyakorlat (9. old) 1) c; 2) b; 3) a; 4) c

Tegyen próbát! (10. old)

- 1. GYAKORLAT
 1) c; 2) b; 3) a; 4) b
- 2. GYAKORLAT
- 1) Right
- 2) Wrong (Right; I couldn't contact everyone in time)
- 3) Right
- 4) Wrong (Right; So we'll be able to meet next week)
- 3. GYAKORLAT
- 1) a; 2) c; 3) a; 4) a
- 4. GYAKORLAT
- 1) b; 2) b; 3) b; 4) a

2. jelenet: Rules are important, but it's also important to laugh a little!

Megértési gyakorlat (16. old) 1) b; 2) c; 3) Hamis; 4) a

Tegyen próbát! (17. old)

5. GYAKORLAT

- 1) Wrong (Right; They might not arrive in time for the show)
- 2) Wrong (Right; The show ought not to start without Peter)
- 3) Wrong (Right; It can't have started without Peter)
- 4) Right

6. GYAKORLAT

1) c; 2) a; 3) c; 4) b

7. GYAKORLAT

1) a; 2) b; 3) b; 4) b

8. GYAKORLAT

1) a; 2) a; 3) c; 4) a

8. lecke

THAT'S LIFE! ARTISTIC LICENCE

1. jelenet: Don't play "mom", Anne!

Megértési gyakorlat (25. old) 1) c; 2) b; 3) a; 4) b

Tegyen próbát! (26. old)

1. GYAKORLAT

- 1) used to
- 2) was used to
- 3) Did he use to
- 4) isn't used to

2. GYAKORLAT

- 1) Right
- 2) Wrong (Right; She never used to worry)
- 3) Wrong (Right; She isn't used to her parents being divorced)
- 4) Wrong (Right; When she was a child she would paint all day)

3. GYAKORLAT

1) b; 2) b; 3) b; 4) a

4. GYAKORLAT

1) a; 2) a; 3) b; 4) a

2. jelenet: Never tell an artist what you really think!

Megértési gyakorlat (32. old)

1) c; 2) a; 3) a; 4) b

Tegyen próbát! (33. old)

5. GYAKORLAT

- 1) Firstly/First of all
- 2) After that
- 3) Then
- 4) Finally/In the end

6. GYAKORLAT

- 1) Firstly/First of all
- 2) Then
- 3) After that
- 4) Finally

7. GYAKORLAT

- 1) First of all/First; Then/After that; Finally
- 2) first of all/first; Then/After that; Finally
- 3) First; then; finally
- 4) First; After that; finally

8. GYAKORLAT

1) a; 2) a; 3) b; 4) b

Television Programmes WEATHER

Climate change

Megértési gyakorlat (42. old)

1) Igaz; 2) Igaz; 3) Hamis; 4) Hamis; 5) Igaz

Tegyen próbát! (43. old)

1. GYAKORLAT

1) b; 2) a; 3) b; 4) c; 5) b; 6) b; 7) a; 8) a; 9) a; 10) b

2. GYAKORLAT

1) a; 2) a; 3) b; 4) b

Television Programmes KITCHEN

Planning meals

Megértési gyakorlat (49. old)

1) Igaz; 2) Igaz; 3) Igaz; 4) Hamis; 5) Hamis

Tegyen próbát! (50. old)

1. GYAKORLAT

1) a; 2) b; 3) c; 4) b; 5) b; 6) b; 7) a; 8) b; 9) b; 10) a

2. GYAKORLAT

1) a; 2) a; 3) b; 4) a



LOWER INTERMEDIATE LEVEL

ANGOLNYELV-OKTATÓ PROGRAM

Lesson 7: Respect the house rules

 A módbeli segédigék ismétlése: képesség, engedélyezés, felelősség, kötelezettség, eshetőség és valószínűség

Lesson 8: Artistic licence

Hogyan beszéljünk múltbeli szokásokról • Az utókérdések ismétlése

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